Fever
An increase in body temperature above the normal range of 36–37°C

Fever is not a disease
It is a symptom of a disease affecting the body

Causes of fever
Most common cause of fever is infection by viruses (e.g. hepatitis), bacteria (e.g. pneumonia, sore throat) or parasites (e.g. malaria).

Fever has many other causes: side effects of drugs, vaccination, cancer and autoimmune diseases.

To correctly diagnose and treat fever, it is essential to consider the overall history and other symptoms along with high temperature.

Treatment to control fever
If the symptoms are severe, or if you are unsure, call the Teleconsultation Center.

Overall symptoms can help diagnose the cause of fever
Fever can be diagnosed using a thermometer. Accompanying symptoms can then help the diagnosis, as they can indicate which part of the body may be affected or infected.

A recurrent fever may indicate malaria
Pain in the throat or ear may indicate infection
Diarrhea may indicate stomach infection
Persistent cough may indicate lung infection

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Treatment to control fever

Temperature above 39.5°C and/or severe malaria symptoms and/or alarming symptoms

Seek urgent medical care

Fever: Temperature between 37.5°C - 39.5°C

Manage temperature

Temperature does not decrease following fever medication and sponging

Find the underlying cause

Temperature is controlled

No other alarming symptoms

Past medical history

Accompanying symptoms

Provide relevant treatment or referral

Perform RDT. Is it malaria?

No

Yes

Provide relevant treatment

If the symptoms are severe, or if you are unsure, call the Teleconsultation Center.

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